

Our Mission

The mission of the Youth Services Department is to administer programs and initiatives of the Board of County Commissioners to ensure the healthy growth, development, education, and transition of children and youth to young adulthood and the workforce.

The Residential Treatment and Family Counseling Division is committed to offering services to those families who need professional support in their efforts to raise healthy functioning children.

We strive to maintain and strengthen the integrity of families through competent, caring, and comprehensive programming.

Highridge Family Center is dedicated to offering intensive residential services to families with "at-risk" youth between the ages of 11 and 16, who are experiencing problems at home, school, or with their peers.

Youth Services Department
Residential Treatment and
Family Counseling Division

HIGHRIDGE FAMILY CENTER

4200 N. Australian Avenue
West Palm Beach, FL 33407

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www.highridgecenter.com



Palm Beach County
Board of County Commissioners

*\$75.00 Application Fee and \$75.00 Activity Fee

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HIGHRIDGE FAMILY CENTER

Let Us Help Your Family
Grow To Its Full Potential



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Youth Services Department
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Does it seem like every time you try to talk to your teen, you end up arguing?

Are you concerned about the friends your child is choosing to hang out with?

Do you wish you had a better relationship with your child?

Are you worried about your child's grades in school?



Highridge Family Center

A 3-month, Monday through Friday, **free*** residential treatment program for Palm Beach County youth. We serve families with "at-risk" youth, ages 11 through 16, who are experiencing problems at home, school, with friends and in the community.

Professional Staff

Highridge Family Center is supervised by a licensed Psychologist. The professional staff consists of Licensed Clinical Social Workers, Master's level Clinicians, Family Counselors, Residential Counselors, and Nurses. Highridge is also an interdisciplinary training site for psychology postdoctoral residents, psychology doctoral interns, psychology practicum students, social work interns, mental health counseling interns, and marriage and family therapy interns.

Program Benefits

- Enhances values of commitment, responsibility, trust, maturity & integrity
- Family members participate in weekly family sessions and monthly groups
- Structured and therapeutic environment addresses home, school, and peer behaviors
- Youth on medication(s) are eligible when stable and closely monitored by their prescribing physician.
- Behavioral specialist in each classroom
- Youth learn how to be successful in a classroom setting
- Small class sizes guided by professional staff
- Palm Beach County School On-Site

Services Offered

- Social Skills
- Managing Behavior
- Family Therapy
- Group Therapy
- Individual Therapy
- Communication Skills
- Anger Management Groups
- Parent Education Groups
- Recreational Activities
- Conflict Resolution Skills

Let Us Help You!
561.625.2540